

Recommended Schedule for a First Time Applicant:

Monadnock MDTS INSTRUCTOR Course Curriculum

Minimum 8-Hour [1st] Training Day:

Introduction -	5 mins. (0800-0805)	Module Seven	45 mins. (1300-1345)
<ul style="list-style-type: none">• Agency Trainer Introduction• Objective of MDTS Instructor Certification• MDTS Instructor Paperwork and Course Safety Rules• Modular Learning Method		<ul style="list-style-type: none">• Compliant Subject Handcuffing<ul style="list-style-type: none">○ Standing○ Kneeling	
Module One	15 mins. (0805-0820)	BREAK	15 mins. (1345-1400)
<ul style="list-style-type: none">• History• Student Performance Objectives• Instructional Methods		Module Eight	45 mins. (1400-1445)
Module Two	20 mins. (0820-0840)	<ul style="list-style-type: none">• Non-Compliant Subject Handcuffing<ul style="list-style-type: none">○ Prone Handcuffing	
<ul style="list-style-type: none">• Use of Force<ul style="list-style-type: none">○ Department Police and Procedures/Resistance Response Model		Module Nine	30 mins. (1445-1515)
Module Three	20 mins. (0840-0900)	<ul style="list-style-type: none">• Blocks<ul style="list-style-type: none">○ High Block○ Inside Block○ Outside Block\○ Middle Block○ Low Block	
<ul style="list-style-type: none">• Stance (and Balance)<ul style="list-style-type: none">○ Basic Stance○ Defensive Stance• Patterns of Movement<ul style="list-style-type: none">○ Shuffle: Forward and Rear○ Pivot: Forward and Rear○ Sidestep: Strong and Support		Module Ten	20 mins. (1515-1535)
Module Four	15 mins. (0900-0915)	<ul style="list-style-type: none">• Active Defensive Skills<ul style="list-style-type: none">○ Palm Heel Strike○ Front Punch○ Edged Fist Strike	
<ul style="list-style-type: none">• Escort Position<ul style="list-style-type: none">○ Compliant Subject<ul style="list-style-type: none">▪ Strong-side▪ Support -side○ Non-Compliant Subject<ul style="list-style-type: none">▪ Strong-side▪ Support -side		BREAK	15 mins. (1535-1550)
Module Five	30 mins. (0915-0945)	Module Ten	20 mins. (1550-1610)
<ul style="list-style-type: none">• Basic Restraint Skills for Non-Compliant Subjects<ul style="list-style-type: none">○ Takedown Principles<ul style="list-style-type: none">▪ Strong-side Arm Bar Takedown		<ul style="list-style-type: none">• Active Defensive Skills<ul style="list-style-type: none">○ Elbow Strike○ Knee Strike○ Front Kick	
BREAK	15 mins. (0945-1000)	Module Eleven	35 mins. (1610-1645)
Module Five	60 mins. (1000-1100)	<ul style="list-style-type: none">• Handgun Retention Skills<ul style="list-style-type: none">○ Elbow Shielding○ Strong Hand Shielding○ Two-Handed Shielding	
<ul style="list-style-type: none">• Basic Restraint Skills for Non-Compliant Subjects<ul style="list-style-type: none">○ Takedown Principles<ul style="list-style-type: none">▪ Support -side Arm Bar Takedown▪ Rollover Arm Bar Takedown		MDTS Basic Course Review	15 mins. (1645-1700)
BREAK	15 mins. (1100-1115)		
Module Six	45 mins. (1115-1200)		
<ul style="list-style-type: none">• Basic Restraint Skills for Non-Compliant Subjects<ul style="list-style-type: none">○ Rear Wristlock<ul style="list-style-type: none">▪ Strong-side▪ Support -side			
LUNCH	60 mins. (1200-1300)		

Minimum 8-Hour [2nd] Training Day:

Teaching Principles

- Introduction 5 mins. (0800-0805)
 - MDTS Instructor paperwork & Safety Rules

Teaching Methods: A Basic Outline 100 mins. (0805-0945)

- The Five Physical Senses
- Kinesthetic Senses
- Leadership Role
- Types of Teaching Materials
- Teaching Knowledge, Concepts and Theory
- Teaching Psychomotor Skills
- Phases of Teaching Psychomotor Skills

BREAK 15 mins. (0945-1000)

Instructor Image 30 mins. (1000-1030)

Using Visual Aids 20 mins. (1030-1050)

Course Management 30 mins. (1050-1120)

Testing and Certification Standards and Practicum 40 mins. (1120-1200)

Instructor Applicant's Practicum
Basic Course Student Proficiency Test Check Sheet

LUNCH 60 mins. (1200-1300)

Testing and Certification Standards and Practicum 45 mins. (1300-1345)

Instructor Applicant's Practicum
Basic Course Student Written Test

BREAK 15 mins. (1345-1400)

COMPULSORY EXAMINATIONS FOR MDTS INSTRUCTOR CERTIFICATION

MDTS INSTRUCTOR-TRAINER ADMINISTERS THESE TESTS:

Proficiency Test 60 mins. (1400-1500)

1. Passing Score - Acceptable rating on each technique listed on the MDTS Instructor Proficiency Test Check Sheet.
2. The minimum acceptable performance standards for each listed technique on the MDTS Instructor Proficiency Test Check Sheet is found in the Lesson Plan for the MDTS Basic Course or on the web site (www.trainingcouncil.org).

BREAK 10 mins. (1500-1510)

Teaching Assessment

Check Sheet 50 mins. (1510-1600)

1. Teaches at least 3 techniques or topics listed on the MDTS Instructor Teaching Assessment Check Sheet.
2. Demonstrates ability to teach to the satisfaction of the MDTS Instructor-Trainer.
3. Passing Score – Acceptable rating in each of the 4 assessment areas on the MDTS Instructor Teaching Assessment Check Sheet.

Written Test 60 mins. (1600-1700)

1. Passing score is at least 70 percent.
2. Minimum number of questions is 35.